Mini Teach Lesson Plan Date: Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(circle all standards that apply)

**Colorado Content Standard(s):**

STANDARD 1: Students demonstrate competent skills in variety of physical activities and sports.

STANDARD 2: Students demonstrate competency in physical fitness.

STANDARD 3: Students demonstrate the knowledge of factors important to participation in physical activity.

**NASPE Physical Education Standards:**

STANDARD 1: Demonstrates competency in motor skills and movement pattern needed to perform a variety of physical activities.

STANDARD 2: Demonstrates understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities.

STANDARD 3: Participates regularly in physical activity.

STANDARD 4: Achieves and maintains a health-enhancing level of physical fitness.

STANDARD 5: Exhibits responsible personal and social behavior that respects self and others in physical activity settings.

STANDARD 6: Values physical activity for health, enjoyment, challenge, self-expression, and/or social interaction.

1. Goal:

Objectives: The students will be able to:

1. Psychomotor:
2. Cognitive:
3. Affective:

**Materials and Resources:**

**Lesson Focus: S/T Organ: Skill Analysis: Motiv/FB/Cues:**

|  |  |  |  |
| --- | --- | --- | --- |
|  |  |  |  |

**Post-Phase of Lesson/Closure/Cool-down:**

**Psychomotor:**

**Cognitive:**

**Affective:**

**Post-Assessment Questions:**

**What did my students have difficulty learning? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**How will I re-teach? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Reflection:** Please write a reflection about your teaching presentation. It is important that you become a reflective practitioner who evaluates the effects of your actions on others. Use the outline to write your reflection**.**

**1. Description of your teaching and provide a critique of your teaching performance.**

**2. Describe the teaching goals of the lesson. Were the goals reached?**

**Why or why not.**

**3. What changes would you implement to become more effective?**

**4. What resources will you use to help you become a more reflective professional both now and in the future?**